



FY 2019 Annual Report

PREBLE COUNTY MENTAL HEALTH & RECOVERY





*"To ensure quality mental health and addiction services
are available to all Preble County residents"*



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Passing of the 2019 Levy

In 2019, PCMHRB worked tirelessly to pass our only Levy to ensure mental health and addiction services are maintained at affordable costs to the community.

The .65 mill replacement Levy was passed by 59.59% of Preble County voters in 2019.

These levy funds will be used to sustain mental health and recovery services.

Preble County Mental Health & Recovery Board and our providers thank the community for recognizing the importance of mental health and substance use services.

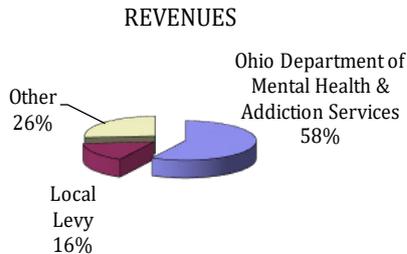


2019 Grants & Financials

Grant funding is essential to maintain and develop Preble County mental health and recovery services. Although grant funding has an expiration date, is program specific, and may not be available consistently, PCMHRB works diligently to access grant funding from multiple sources. Between community partners and in-house grant writing, PCMHRB has experienced an increase of 23% (681,427) in funding over the past six years! PCMHRB continues to seek grant funding opportunities to address gaps in services and continue providing supports for Preble County residents.

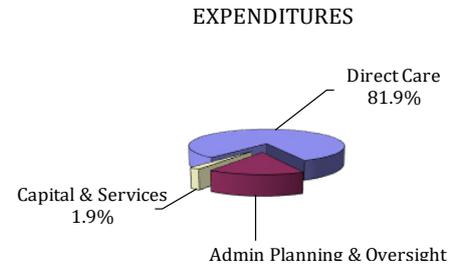
SFY 2019 Revenues

OHMAS	993,116
Local Levy	272,998
Other	449,827
Totals	1,715,941



SFY 2019 Expenditures

Direct Care	1,475,586
Admin Planning	291,510
Capital & Services	34,338
Totals	1,801,434





Mental Health Services

PCMHRB provides funding to many mental health providers throughout Preble County. The funding provided by PCMHRB to community partners and providers helps secure, maintain, and develop programming that directly benefits our community and its residents on a daily basis. PCMHRB believes that mental health and recovery services should be easy to access and affordable for all community members and partners. The Board also supports a 24/7 Crisis Line, staffed by a local provider that is available for community members experiencing acute crisis.

PCMHRB Funded Services Include:

- School based treatment & supports
- SUCCESS liasons
- Outpatient treatment
- Peer support
- Casemanagment
- MRSS
- Transportation services
- Local jail services
- Cherry Street Clubhouse
- WrapAround
- Respite
- SAFE Team

Supportive Housing

In partnership with Home is the Foundation (HIT), PCMHRB provides housing assistance through a HUD grant. This grant provides housing vouchers for the supply of up to 25 beds for individuals and families. This partnership also allows for emergency placement of individuals who are displaced, until there is more stable housing found.

PCMHRB owns three recovery homes, one for women only and the other for men, women and families, both run at capacity. The recovery housing program exists to aid individuals in recovery from substance use and assist residents to establish a stable home environment and integrate back into the community in a supportive and healthy setting. The recovery houses are managed by a local provider focused on supporting residents with maintaining sobriety, while creating opportunities for success in a home-like setting.

PCMHRB also owns ten units for individuals with mental illness and substance use disorders, which are subsidized based on income. Our units are regularly inspected and maintained to guarantee the highest quality for our residents.





Substance Use and Treatment Services

According to The National Council, Substance Use Disorder affects 1 in 12 American adults and of these 1 in 5 experience mental health needs. PCMHRB, along with other partnered agencies, diligently work to reduce stigma associated with having substance use disorder and help community members find nonjudgmental and accessible treatment.

PCMHRB funds and ensures the following services are available to those in need:

- Jail services
- Medicated assisted treatment
- Dual diagnosis treatment
- Residential treatment
- TASC services for adults
- Recovery housing
- Drug prevention in schools
- Peer support
- Perinatal programming
- Outpatient treatment
- Detox

The purpose of Substance Abuse Prevention Partnership (SAPP) is to reduce the use of alcohol and other drugs by building and supporting a safe, healthy environment through education, prevention, outreach, family support and intervention.

In collaboration with community partners, PCMHRB diligently to increase available services to those with substance use disorder in order to decrease instances of overdoses and deaths. Fortunately, we have seen a decrease in overall deaths for the county in 2019.

It is a continuous goal to provide awareness of options available to those in need in hopes to save lives and promote wellness and recovery. Recovery is beautiful and, most importantly, possible.

Preble County Overdoses 2017-2019

Month	2017	2018	2019
January	16	1	0
February	7	2	0
March	2	2	0
April	8	2	5
May	4	3	0
June	13	0	7
July	3	2	6
August	2	2	3
September	1	1	6
October	1	1	4
November	3	5	4
December	0	1	5
TOTALS	60	22	40

*Data taken from CFS Log provided by Preble

Preble County Overdoses vs Deaths 2017-2019



*Data taken from CFS Log provided by Preble County Sheriff's Office



Suicide Awareness & Prevention Programming



Text 4HOPE
to 741741

CRISIS TEXT LINE |

The goal of PCMHRB and the Suicide Prevention Coalition, is to reduce stigma, educate the community, and implement prevention strategies to eliminate suicide deaths. HOPE Squads were created in partnership with the schools and are comprised of students who are trained to recognize the signs of suicide and report and support those who are at risk. These Squads are in all five Preble County schools and have raised over \$3,000 with fundraisers and the annual HOPE Fair to sustain this wonderful program and continue their efforts!

PCMHRB also hosts an annual ‘Walk for HOPE’ intended to raise awareness about suicide. The Walk for HOPE also supports community members who are suicide survivors.

PCMHRB funds a 24/7 local crisis line ([Local Crisis Line 1-866-532-3097](tel:1-866-532-3097)) and partners with the Crisis Text Line in order to provide 24 hours service to those in need. The goal of crisis services is to decrease law enforcement intervention and connect the consumer with immediate assistance, as well as follow up referral resources or emergency services.

Mental health and substance use needs are on the rise nationwide and in Preble County. We are dedicated to offering affordable and accessible mental health and substance use services, with prevention at the forefront. PCMHRB recognizes that prevention is key in minimizing trauma.

Our prevention programs provide the following benefits:

- Limited suffering
- Avoidable illness or disability
- More cohesive & resilient families
- Limited premature mortality
- Lower costs for treatment
- Greater productivity

Handle with Care

Through the Handle with Care program, law enforcement and schools work together to help students exposed to trauma receive additional guidance and support upon their return to school. This happens through a notification program designed to notify schools when law enforcement intervention occurred within a student's home.

Mobile Response & Stabilization Service (MRSS)

MRSS aids families who need intensive services for children with emotional and/or behavioral needs. Families with youth experiencing distress or difficulties can receive assistance within 60 minutes upon contacting MRSS. When MRSS services are utilized, nationwide data shows an increase in family health and a decrease in youth involvement in the juvenile justice system and children services.

PAX Good Behavior Game

PAX employs strategies to create a nurturing classroom environment, while teaching students to self-regulate and respond appropriately. Utilization of this program has shown a reduction in behavioral issues, mental health service utilization, decreased instances of early introduction to substance use, and improvements in academic successes.

Community Transition Program

The Community Transition Program assists those returning to community living from prison by connecting individuals to healthy natural supports, employment, housing, and other supportive services.

Perinatal Services

The Perinatal Program utilizes a holistic approach to provide substance abuse prevention services to pregnant women who are struggling with substance use, women of child-bearing age, and their partners. Comprehensive services are provided through labor, delivery, and home visits up to one year postpartum.

Partnerships

Collaboration with other organizations is vital to being able to provide the most efficient and effective services to our community members. Alliance with community partners also allows cost sharing and increased grant opportunities.

PCMHRB Partners Include:

- Job & Family Services
- The Sheriff's Office
- Juvenile Court
- All 5 County School Districts
- Preble County Health District
- The Faith-Based Community

Cross County Collaborative Services

Provided:

- Suicide Prevention Services
- Other Prevention Programming
- MRSS Services
- Grant Writing
- Shared Funding
- Knowledge Sharing

PCMHRB is part of an Ohio Association which provides statewide advocacy for education, policy development, and initiatives for expanding mental health, substance use prevention and treatment, and recovery support services.



Supports & Trainings

PCMHRB is able to offer the following support programs and trainings to community partners and members:

- Forensic & Civil Outpatient Monitoring
- Peer Recovery Support Training
- OUCH! That Stereotype Hurts Workshop
- Medical Marijuana Training
- Parent Project/WhyTry Classes
- Sober Living Activities
- QPR Trainings
- Crisis Intervention Team Training
- Mental Health First Aid Training
- Trauma Informed Care
- Health Officer Training
- PAUSE

Preble County Mental Health & Recovery Board

“To ensure that quality mental health and addiction services are available to all Preble County Residents.”

PCMHRB works diligently with our local providers, county agencies, and schools to confront the mental health and substance use needs within Preble County. The increasing need throughout the county calls for resourceful and fluid ways to direct programming concerning prevention, treatment, and recovery services. In the coming years, the primary focus will be on youth and prevention services in hopes of supporting families in becoming more cohesive; yielding happier and better adjusted youth.

We thank our community partners, Board members, and our Preble County residents for working alongside PCMHRB towards a common goal of creating a safe and healthy community.

PCMHRB Staff

Amy Raynes
Executive Director

Whitney Loftis
Community Outreach & Development

Sherry Hurst
Bookkeeper/Housing Manager

Board Members:

Fran Clark, Chair
Landen O'Banion, Vice Chair
John Allen
Cherry Anderson
John Elam
Tyessa McQueen
Beth Meeks
Jana Nuun
Melissa Reimers
David Sizemore
Robert Wood

Preble County Providers:

Butler Behavioral Health
Gebhart Counseling Solutions, LLC
Next Step Living
Preble County TASC
Recovery & Wellness Centers of Midwest OH
Samaritan Behavioral Health
Sojourner Residential Treatment Center



PC Mental Health & Recovery Board
225 N. Barron St.
Eaton, OH 45320
T. (937) 456-6827